



JOINING TRIANGLE

Part I: Tryout Philosophy

Entering our 17th season





How to learn more about Triangle...

- ▲ Join us for a Parent Information Session.
- ▲ Have athletes experience Triangle at one of our Fall clinics including our FREE Open Gym sessions and more. See website for details.
- ▲ Review our **Program Guides** and **FAQ** on our [website](#).
- ▲ Ask Questions. Talk to Triangle parents and don't hesitate to reach out.

www.trianglevolleyball.org

919-544-9400, info@trianglevolleyball.org

Joining Triangle



- ▲ At *Triangle*, we are committed to providing a comprehensive educational experience. Tryouts are a first glimpse and one example of our approach to sport.
- ▲ Our tryout and team selection process is truly unique and a strong indicator of the culture and learning environment we strive to offer our athletes everyday in our gym.
- ▲ This slide deck is designed to help you learn about our tryout philosophy (Part I) and tryout process (Part II), both of which are distinctive from other clubs in the area.

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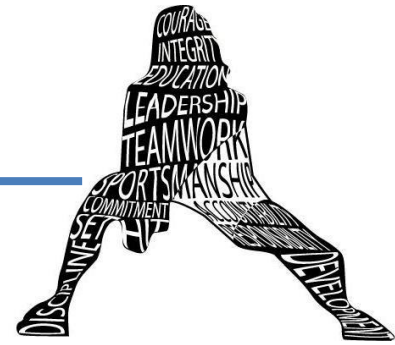
Our tryout philosophy has five critical elements.

At *Triangle*, tryouts are:

1. **Open to all**
2. **Thorough**
3. **Fair**
4. **Pressure-free**
5. **FUN!**



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At *Triangle*, tryouts are: **Open to all**

- ▲ For 2019, we anticipate fielding 30+ junior teams [boys and girls]. That's room for at least 300 student-athletes.
- ▲ While we are proud that year-after-year families express a strong desire to be placed on a Triangle team the following year, we regularly have at least 90 new student-athletes and families join Triangle each season.
- ▲ Nationally renown, Triangle draws members from all over North Carolina:
 - 13 North Carolina counties
 - Over 80 different area elementary, middle and high schools
- ▲ **What's the bottom line?** *Triangle* tryouts really are **open to all**. You can come from anywhere, have played (or not played) for us before, have played for another club, or have never played at all. Regardless, you are WELCOME!

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At *Triangle*, tryouts are: **Thorough**

- ▲ Our multiple-session format gives our coaching staff the opportunity to evaluate and assess EVERY tryout participant for fit.
- ▲ Our tryout format allows us to spend time teaching and getting to know each athlete who attends our tryouts .
- ▲ It also allows every athlete to get to know us; they'll learn more about our:
 - Training program and approach
 - Coaches and staff
 - Style of play and curriculum
 - Club culture and shared vision
- ▲ Our tryout format allows our staff to evaluate fit by considering:
 - Skill level
 - Coach-ability
 - Athleticism
 - Work ethic
 - Competitiveness
 - Long-term potential

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At *Triangle*, tryouts are: **Fair**

- ▲ We take tryouts seriously and pledge to offer a tryout and team selection experience conducted professionally and with the utmost integrity.
- ▲ We **DO NOT** give preferential treatment to student-athletes from any specific school program. As such you can be assured that our staff invests equally in every tryout participant.
- ▲ While we value loyalty, we believe it only fair to make certain that athletes with prior Triangle experience understand their tryout performance will be the key determinant in whether they are selected for a team and, if so, to which team.
- ▲ We are a strong proponent for and adhere to the tryout philosophies and guidelines set forth by the USAV/Carolina Region relating to the recruiting of athletes and and the proper execution of club tryouts.

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At *Triangle*, tryouts are: **Pressure-free**

- ▲ We know tryouts can be stressful. While we can't eliminate all of the stress, we can make every effort to insure that your Triangle tryout experience is pressure-free from our end.
- ▲ Our staff are trained and are sensitive to the range of emotions present during the tryout season and process.
- ▲ Triangle makes offers 1:1 (one student-athlete for one roster spot). Since we **DO NOT** offer multiple athletes for the same roster spot, each and every offer from *Triangle* is unconditional* and pressure-free.

** the Carolina Region Signing deadlines are utilized*

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At *Triangle*, tryouts are: **FUN!**

- ▶ Our staff is dedicated to providing each prospective student-athlete an educational and exciting tryout experience.
- ▶ In our gym athletes can expect us to create and maintain a positive, high quality, safe, and inviting tryout environment. Our tryouts directly reflect our club culture and the atmosphere we believe to be most conducive to learning and athletic success.
- ▶ Fast-paced, high energy drills foster a lively 'classroom' atmosphere
- ▶ We're committed to bringing out the BEST in every athlete. We want our tryout participants to complete their tryout excited at the prospect of becoming a *Triangle* member.



Entering our 17th season

JOINING TRIANGLE

Part II: Tryout Process



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Before attending club tryouts at Triangle or anywhere else...

Be Informed

The Carolina Region/USAV has established an *Athlete and Club Bill of Rights*, as well as, [recruiting and tryout guidelines](#) for clubs.

There are many factors to consider; attend tryout information sessions, open gyms, etc.

Control YOUR tryout process

Student-athletes cannot be coerced, forced or pressured in any way to commit to any club prior to established region signing dates:

- October 26th for 11-14s
- November 9th for 15-18s

Be Careful

Many clubs rely on the *Carolina Region Letter of Commitment* during tryouts. This is a **binding agreement*** which a student-athlete (and parents) should only sign when they have considered all their club options.

**whether signed in person or electronically*

Contact Us

If you have any questions about *Triangle* tryouts or concerns about your club volleyball decision, please reach out...

919-544-9400 or
info@trianglevolleyball.org

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What USAV Age Level do I try out for?

There are two things to consider when signing up for tryouts

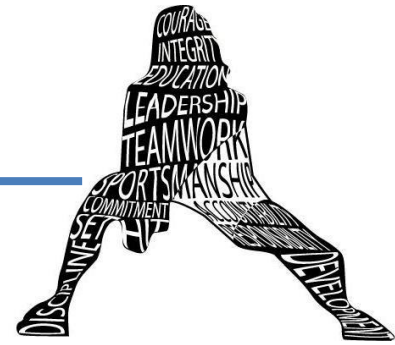
1. What is your **USAV age level**? (see link to chart on our tryout page)
2. What is your **peer group**?

Your **USAV age level** is how old you will be on **SEPTEMBER 1, 2019**.
Your **peer group** is your grade at school.

At Triangle **“playing up”** is defined as playing outside of both your peer group **AND** USAV age level. [i.e. a 13-year old 8th grader is not playing up if they play 14s as that is their peer group.]

It is not typical for athletes at Triangle to ‘play up’. Our preference is to keep athletes with their age/peer group whenever possible.

If you have questions concerning tryout age level please contact our office,
info@trianglevolleyball.org, 919-544-9400.



TRYOUT PROCESS

1. TRYOUT PARTICIPATION AND EVALUATION



2. TEAM SELECTION PROCESS



3. STUDENT-ATHLETE NOTIFICATION



4. SIGNING WITH TRIANGLE

STEP 1. TRYOUT PARTICIPATION AND EVALUATION

Tryouts-WHAT to do?

- ▲ Attend multiple sessions* with your appropriate USAV age group.
- ▲ Be eager to learn; participate with enthusiasm.
- ▲ Interact with our coaches and get to know more about *Triangle's* training approach and methods.
- ▲ Demonstrate with confidence your strengths...we will notice.

**Prospective student-athletes are encouraged to attend all sessions for their age group.*

Tryouts- WHY we do it this way?

- ▲ Our tryout process is well established and designed for student-athletes, families, and *Triangle* staff the best opportunity to determine overall fit.
- ▲ To provide an introduction to *Triangle's* approach and training environment.
- ▲ To allow our staff sufficient time, opportunity, and space to evaluate players in a more personal and thorough manner.
- ▲ Multiple sessions gives student-athletes more than one opportunity to demonstrate their abilities.



2. TEAM SELECTION PROCESS

- ▲ Our team selection process considers input from our team coaches, positional experts, club directors, and other participating coaching staff.
- ▲ No team members are selected to be on Triangle teams in advance of tryouts...EVER. Also, we **DO NOT** offer multiple student-athletes the same roster position.
- ▲ Once tryouts begin, we will select and notify prospective team members as soon as we identify 'fit' and we do so on a rolling basis throughout the tryout process. We do our best to move through the team selection process as quickly as possible, but it can take some time.
- ▲ We **DO NOT** offer student-athletes in our gym during tryout sessions, on the court, or in front of other student-athletes.

Please know that we recognize that it is impossible to offer a position at Triangle to every student-athlete at our tryouts and this entire process requires sensitivity, professional conduct, and the utmost integrity



3. STUDENT-ATHLETE NOTIFICATION

- ▲ A member of the coaching staff will contact every prospective student-athlete **on or before 9pm on the day following the final tryout date** for that particular age group.
- ▲ At that time, we will be able to:
 1. Offer the athlete a position on a specific Triangle team, OR
 2. Tell the athlete that we are still selecting team members and we need more time to determine their placement, OR
 3. Notify the athlete that we do not have a position for you.
- ▲ If you are told 'we need more time' you WILL hear from us again, however, you are always welcome to call and check on your status.
- ▲ Questions? Contact us at 919-544-9400 or info@trianglevolleyball.org.

We ask for your patience. A great deal of time and effort goes into the selection process. Please know that we are committed to providing you prompt feedback regarding your tryout and will contact student-athlete as soon as possible.



4. SIGNING WITH TRIANGLE

- ▲ We hope that, if offered a position on one of our teams, the athlete will commit to *Triangle*. This commitment is typically made verbally via phone.
- ▲ Once you have verbally committed you will receive an email with a link to our offer packet with appropriate forms and contracts to complete. Prompt submission of 'paperwork' formalizes the verbal commitment.
- ▲ In the event that you choose not to accept your Triangle offer, please be prepared to let us know of your decline as soon as possible so that another deserving student-athlete may have an opportunity to accept a spot.
- ▲ We officially introduce and sign all of our student-athletes at our **17th Annual Signing Night Celebration on Saturday, November 10th at 2pm**

We fully understand that choosing the right club can be difficult. It is our intent to minimize the stress on student-athletes, their families, coaches and clubs.



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- ▲ Join us for a Parent Information Session to learn MORE!
- ▲ Come experience Triangle at one of our Fall clinics including our FREE Open Gyms and more. See website for details.
- ▲ More Questions? Please visit our website or call our office.
- ▲ Tryout registration is accessible from our website and best when done in advance.

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We look forward to seeing you at tryouts!