



# 2023 TRYOUTS

**Block #1\* | Girls 15-18s: August 5-7**

**Block #2 | Boys (all ages): Sun, October 2**

**Block #3 | Girls 11-14: October 8-9**

*\*Pre-Tryout & Tryout Registration will open by July 1 for 15-18s girls*

21 Years of "EDUCATING the WHOLE PERSON through EXCELLENCE in the sport of VOLLEYBALL"

## Block #1: 15-18s Girls' Tryouts, Info Session and Pre-Tryout Gym Session Schedules

### PRE-TRYOUT GYM SESSIONS

- Sunday, July 24
- 17/18s, 12:30-2pm
  - 16s, 2:30-4pm
  - 15s, 4:30-6pm
- Sunday, July 31
- 17/18s, 4:30-6pm
  - 16s, 12:30-2pm
  - 15s, 2:30-4pm

### TRYOUT DATES

- 17/18s**
- Friday, Aug 5: 6-8:30pm
  - Saturday, Aug 6, 4:30-6pm
- 16s**
- Saturday, Aug 6, 9-11:30am
  - Sunday, Aug 7, 10:30am-12:30pm
- 15s**
- Saturday, Aug 6, 1- 3:30pm
  - Sunday, Aug 7, 2:30-4:30pm

### PARENT INFORMATION SESSIONS

- Option #1: Sunday, July 31, 7-8:30pm via Webex <[JOIN MEETING](#)>
- Option #2: Thursday, August 4, 7-8:30pm via Webex <[JOIN MEETING](#)>

## Block #2: Boys' Tryouts, Info Session and Pre-Tryout Gym Session Schedules (ALL AGES)

### PRE-TRYOUT GYM SESSIONS

- Wednesdays, 6:30-8pm  
All ages
- Aug 10, 17, 24
  - Sep 7, 14, 21, 28
  - No session on Wed, Aug 31

### TRYOUT DATES

- HS (15-18s)**
- Sunday, October 2: 6-8:30pm
- MS (11-14s)**
- Sunday, October 2: 6-8pm

### PARENT INFORMATION SESSION

Wednesday, September 28, 6:30-8pm  
In person or Webex <[JOIN MEETING](#)>

## Block #3: 11-14s Girls' Tryout, Info Session and Pre-Tryout Gym Session Schedules

### PRE-TRYOUT GYM SESSIONS

- Saturdays (3)  
September 10, 24; October 1
- 11U/12U, 9:30-11am
  - 13U, 1:30-3pm
  - 14U, 11:30-1pm
- Stay tuned to social media for additional opportunities

### TRYOUT DATES

- 11U/12U**
- Saturday, October 8, 4-6pm
  - Sunday, October 9, 3-5pm
- 13U**
- Saturday, October 8, 9-11am
  - Sunday, October 9, 9-11am
- 14U**
- Saturday, October 8, 12:30-2:30pm
  - Sunday, October 9, 12-2pm

### PARENT INFORMATION SESSIONS

- Option #1: Sunday, October 2, 4-5:30pm via Webex <[JOIN MEETING](#)>
- Option #2: Wednesday, October 5, 7-8:30pm via Webex <[JOIN MEETING](#)>

*Triangle is a proud adopter of the [NC Fair Tryout Pledge](#)—In the spirit of fair play, athlete's best interests, and collaboration with other like-minded clubs in the Carolina Region, we pledge to conduct open and fair tryouts on a cooperative timeline. Furthermore, our tryout process will be conducted with integrity to enable every athlete the opportunity to earn any spot on any team in our club. Stated another way, this means no players are pre-offered spots on a team in our club before the published open tryout dates promoted by our club.*

*We also pledge to honor the Carolina Region Athlete's Bill of Rights and will not subject any athlete or their family to unethical, coercive, manipulative, or other such pressure tactics to secure a commitment. By making this pledge we proudly post the NC Fair Tryout Pledge badge on our website.*

