



# PANDEMIC EVENT OPERATIONS GUIDE

Triangle Volleyball Club  
at the Wake Competition Center

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*Educating the whole person through excellence in the sport of volleyball*

**WWW.TRIANGLEVOLLEYBALL.ORG**

121 Competition Center Drive, Morrisville, NC 27560

919.462.8196 ▲ [info@trianglevolleyball.org](mailto:info@trianglevolleyball.org)

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## INTRODUCTION

As was evidenced in March 2020, youth sports organizations, as well as, nearly every sector of our nation’s economy, can be adversely affected in the event of a pandemic outbreak. As an event host, we are committed to having a comprehensive operations and response plan that allows for safe and responsible event operations for Triangle Volleyball Club events held at our Wake Competition Center facility that are consistent with the guidance from local, state, and national public health agencies and government officials.

The contents of this guide incorporate current public health and safety guidance and ultimately serves to protect participants, spectators, and tournament staff. We believe with a well-constructed plan, appropriate signage, supervision, and sanitization practices we can assure our guests, employees, and the greater community that tournament operations can be managed responsibly and safely while posing little to no risk of accelerated community transmission of the Coronavirus.

The recommendations in this guide consider relevant contributing factors including building layout and capacities, mechanical ventilation systems, people movement, ability to support and manage social distancing, face-covering guidelines, and more. As the Coronavirus pandemic changes and public health guidance further develops, we understand that our approach must remain dynamic and done in full collaboration with local leadership and staff, as well as the North Carolina Department of Health and Human Services.

As we navigate the impact of the pandemic over time and new information emerges providing deeper understanding on the mechanism of transmission and methodology to reduce exposure risk, our Pandemic Operations Guide will be updated. The priority, however, will never shift and will remain protecting the health and safety of all those in attendance.

**Please note that Triangle reserves the right to remove any individual (athlete, coach, spectator, etc.) from our premises who is not adhering to the policies and protocols set forth in this document.**

# GENERAL TERMS AND CONSIDERATIONS

**Assessing Risk** – The [CDC Guiding Principles for Youth Sports](#) suggest a number of actions that youth sports organizations can take to help lower the risk of COVID-19 exposure and reduce the spread during training and competition. They note that exposure risk is impacted by the following:

- Size of the team and the total number of people interacting during training and competition including coaches and athletes.
- Physical closeness of players, and the length of time that players are close to each other or to staff.
- Ability to engage in social distancing while not actively engaged in play (e.g., while “off” or on the sideline)
- Amount of necessary touching of shared equipment and gear (e.g., volleyball).
- Number of non-essential visitors, spectators, and volunteers – limiting these individuals will reduce the risk for participants.
- Travel vs. Local events – attending events that involve the local community and do not require travel for participants.
- Ventilation in space. The best situation is a training space with high capacity circulation and frequent air exchange rate.

**Buffering/Staggering** – having various groups/activities buffered with a time gap and/or establishing staggered entry times will allow those exiting and arriving to not overlap and provide sufficient time for disinfecting and cleaning. By buffering and/or staggering, you will avoid unnecessary person-to-person interactions, allow ventilation systems to exchange air between groups, and best ensure that high-contact surfaces not serve to transmit virus.

**Close Contact** – For COVID-19, the CDC defines a [close contact](#) as any individual who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period\* starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated.

**Cohorting** – public health officials suggest that keeping specific groups of athletes together can serve to minimize overall exposure risk and aid contact tracing priorities. Even in a large event setting, the consideration of co-horting has value should a COVID-19 exposure occur within the event.

**Face-Covering** – the [CDC recommends everyone wear a face-covering](#) that is two-layers or more made of washable and breathable material. Furthermore, the mask should completely cover both the nose and mouth and fit snugly against the sides of your face.

**Isolation** – refers to separating [known infected people](#) from others. An infected person must isolate from all other non-infected individuals for at least 10 days after the onset of symptoms or the testing date that returned a positive test if no symptoms were present. An individual may only be released from isolation if their symptoms have improved **AND they have had no fever, without the use of medicines for at least 48 hours.**

**Occupancy** – per Governor Cooper’s September 30 [Executive Order #169 Phase 3.0](#), physical activity facilities such as our gym are allowed to operate at 30% of stated fire capacity. Expansion on how this executive order affects our Wake Competition Center Facility will follow in this guide.

**Proximate Contact** – describes contact between individuals that occupy the same space at greater than 6’ apart for an extended period of time.

**Quarantine** – restricting the movement and/or contact of [healthy people](#) who have been exposed to someone with a known case of COVID-19. The quarantine period is 14 days from date of exposure, irrespective of a negative test result as the 14 days represents the incubation period of the SARS-CoV-2 virus.

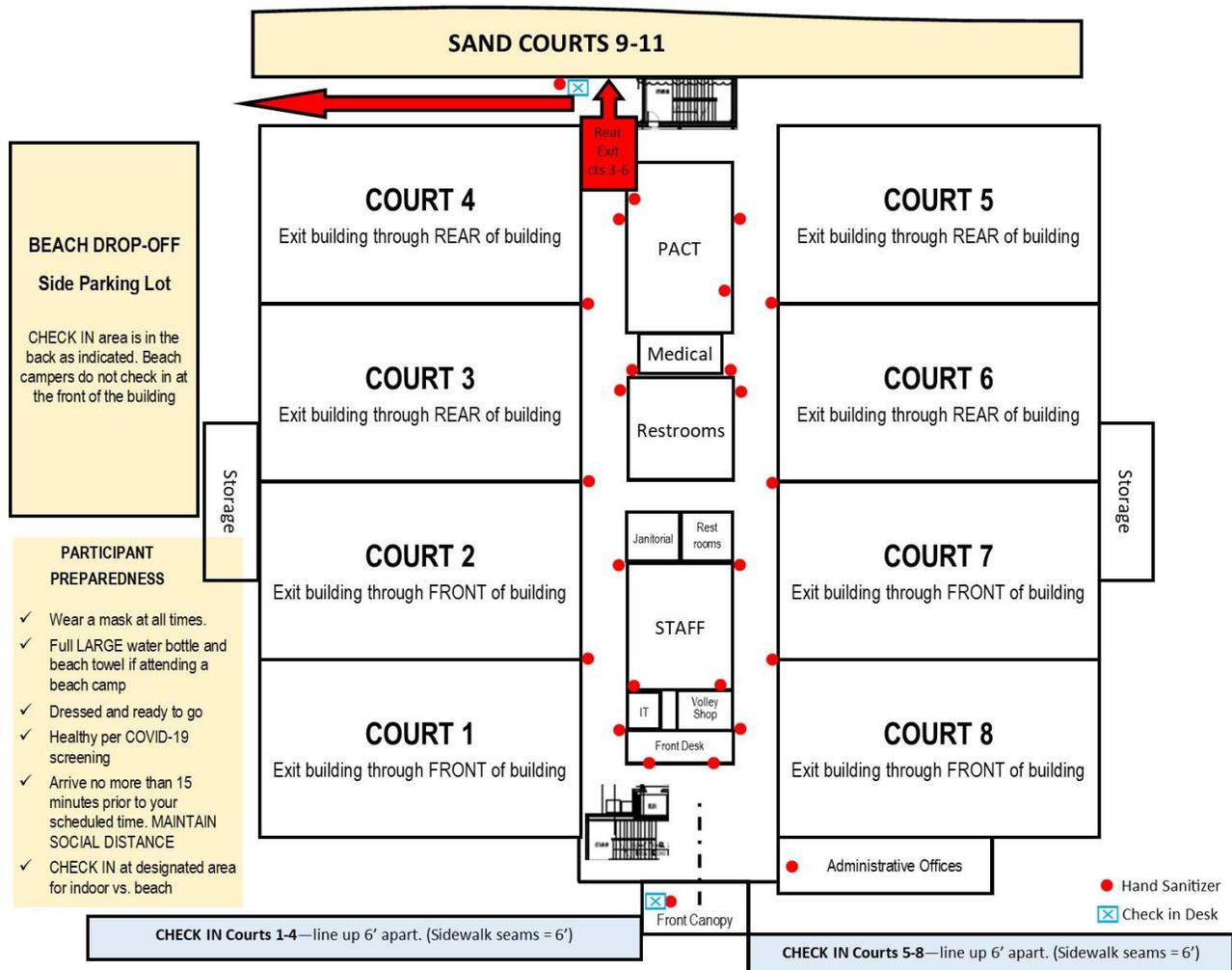
**Tournament Sanction** – every indoor event in North Carolina must seek a tournament sanction that serves to provide insurance coverage for both participants and event hosts. Sanctioning bodies include the Carolina Region [CR]/USAV, JVA, and AAU. Tournaments can also self-insure if desired. Per the [Carolina Region/USAV Coronavirus Participation Protocols and Match Format/Procedures](#), “All USAV-sanctioned activities will be required to adhere to the most stringent federal, state or local regulations for their respective areas. USAV insurance coverage will only be provided for activities that are permitted under such government directives.”

# COVID-19 PREVENTION

COVID-19 is an infectious disease that is extremely contagious and believed to spread mainly from person-to-person contact, including by individuals without symptoms. This disease has been declared a worldwide pandemic by the World Health Organization, and various activities have been curtailed or restricted across the country. As a result, federal, state and local governments and health agencies recommend the following common sense hygiene guidelines to reduce the likelihood of infection:

- Wash hands with soap and water often and especially after using the restroom, prior to and after handling food and/or drink.
- Use alcohol-based hand sanitizers in the absence of wash facilities.
- Refrain from touching face – eyes, nose and mouth – with hands.
- Cough into your elbow or a tissue – then throw the tissue away.
- If you are not feeling well or are sick, stay home.
- Keep at least 6 feet away from others to maintain social distance.
- Those in the vulnerable age groups or with underlying medical conditions should protect themselves and not attend an public indoor events until the COVID 19 threat has passed.

## TRIANGLE FACILITY LAYOUT AT THE WCC



# GENERAL FACILITY CONSIDERATIONS

**TRIANGLE:** To minimize the number of individuals potentially exposed to an individual carrying the Coronavirus, the events will split the Triangle lobby in half to minimize interaction between teams upon arrival. The courts utilized will also be laid out so that each grouping or pool can have ingress and egress paths that promote social distancing and reasonable access to restrooms.

Every court will have the following items to both sanitize and minimize the need for people movement in the facility:

- Please adhere to all signage and designated markings. These are an aid to protect everyone in our facility.
- A small first aid kit with the most widely used items is located at each court.
- Hand sanitizer dispensers will be located in multiple locations on every court.
- Trash and recycle receptacles will be located at each court.
- A sanitizer sprayer and floor mop will be located at each court to sanitize the net and court surface.
- Lost and found will be limited to uniform items and items thought to be valued over \$50. We will not retain water bottles in the lost and found. Remind your athlete to keep up with their items.

## INGRESS AND EGRESS CONTROLS

As mentioned previously the tournament format will support both buffered and, when necessary, staggered entry into the Triangle facility. All participants will check in and complete our screening protocol at their primary entrance and be directed to their assigned court for their wave. Movement within the facility should be minimal.

**ENTRY:** participants will enter Facility at the MAIN FRONT DOORS for ALL courts as follows:

- COURTS 1-4 the doors to the LEFT side of main entrance.
- COURTS 5-8 the doors to the RIGHT side of the main entrance.
- Both side walk areas have markings for social distancing.
- Please mind all social distancing markings.
- Be prepared for COVID-19 screening and temperature check.

**EXIT:** Once play is complete teams will exit each playing area as follows:

- **Courts 1 and 2:** Exit through the right-hand side of the lobby doors
- **Courts 7 and 8:** Exit through the left-hand side of the lobby doors
- **Courts 3-6:** Exit through the rear doors that access from near the sand courts

## OCCUPANCY

For volleyball events, the tournament format and number of courts utilized during the event are the primary determinants of occupancy. Selecting a tournament format that limits the number of teams in the space is one way to control occupancy and thereby limit risk of accelerated transmission should an individual carrying the Coronavirus be in attendance.

This guide outlines a tournament format and associated COVID-19 controls that considers the [Interim Guidance for Administrators and Participants of Youth and Amateur Sports Programs](#) released by the North Carolina Department of Health and Human Services [NCDHHS] The most conservative plan reduces the number of potential teams from 32 (the traditional 4-team pool model) to 12-16 by employing a format that has two (2) teams per court in attendance at any one time. The event will occur in buffered waves (3 waves per day) and, when necessary, staggered match schedules designed to control occupancy and support social distancing while occupants enter and exit the venue. Should COVID-19 status in North Carolina allow for more occupancy, we will consider alternative tournament formats, reevaluate spectator capacity and seek to increase the size of the event.

**EXAMPLE: Individual Court Size:** 45' x 80' = 3600 SF; **Total Number of Courts:** 8 **Non-playing square footage** = 14,000 SF

**Maximum Team Size:** 12 athletes + 3 coaches = 15; **# Teams per court** = 2

**Officials, Scorers, tournament staff:** 4 per court

**Team Videographer:** 1 per team

**Spectators:** only when local guidance allows will limited spectator attendance be reconsidered.

**MAXIMUM NUMBER OF ATTENDEES DURING ANY WAVE = 36 people per court >>> 288 total = 25% occupancy**

[Town of Morrisville Established Occupancy – first floor maximum 1,158; Mezzanine 115]

## ***SPECTATOR CONSIDERATIONS***

Limiting the number of spectators is another manner of controlling the occupancy of the building and supporting proper social distancing throughout the event. Current public health guidance on indoor occupancy supports our decision to allow NO spectators to attend our local events at this time. However, should spectators be allowed the following limits and rules will apply.

- **NC Guidance:** on December 8, 2020 the NC Department of Health and Human Services revised the [Interim Guidance for Administrators and Participants of Youth and Amateur Sports Programs](#) restricting spectators at both indoor and outdoor events. Until this guidance is changed we will not be able to allow spectators beyond the videographer for each team.
- **CR/USAV Guidance:** as stated previously “all USAV-sanctioned activities will be required to adhere to the most stringent federal, state or local regulations for their respective areas. USAV insurance coverage will only be provided for activities that are permitted under such government directives.” When spectators are allowed, the Carolina Region has limited spectators at CR/USAV sanctioned events to a maximum of one per every rostered player on a team who is in attendance at the event (i.e. 10 rostered players in attendance then they are allowed 10 spectators for a match). Teams will determine individually which spectators will be included in their total from among their families.
- Each facility can elect to have more stringent spectator restrictions including disallowing spectators entirely.
- Each spectator and player should respect the distancing requirements set up by the event and not violate other’s space. Facilities should arrange for spectators to be socially distanced while watching a match.
- Any spectators allowed will wear masks / facial coverings and distance themselves from other spectators.
- All spectators must abide by all facility requirements in order to remain in the facility.
- We highly discourage any individuals that fit the criteria below or who have the following conditions from attending indoor events at Triangle, regardless of spectator capacity and policies. Those who are
  - 65 year of age or older
  - Living in a congregate living situation like a nursing home or long-term care facility.
  - With compromised health conditions like moderate to severe asthma, chronic lung disease, serious heart conditions, immunocompromised, severely obese, diabetes, and liver disease.

## ***FACE-COVERING GUIDANCE***

Effective November 23rd, Governor Cooper established strict face-covering guidance that requires all NC residents and guests to wear face coverings in all public spaces, including athletes that are training or competing.

### **IMPORTANT CONSIDERATIONS ABOUT MASKING:**

- Masks comprised of two layers or more and made from a breathable and washable material provides the best protection.
- In order to maintain filtration effectiveness and avoid increased risk of contamination, masks should be cleaned and dried between each use.
- Studies have confirmed that a wet mask is less effective than a dry one. Using a mask while strenuously exercising can make the mask wet with respirations.
- Should there be a documented medical issue, an exemption may be provided.

**ALL PARTICIPANTS AT TRIANGLE EVENTS AT THE WAKE COMPETITION CENTER MUST BE MASKED FULL-TIME, INCLUDING WHILE COMPETING, UNTIL LESS RESTRICTIVE GUIDANCE IS ISSUED.**

## ***FOOD CONSUMPTION IN TRIANGLE’S WCC FACILITY***

We prefer that food not be consumed in our facility due to the increased risk of transmission when an individual is unmasked but understand that some athletes may need a small snack during their 3-4 hour play window. To minimize risk of exposure while unmasked and eating please do the following:

- Come to the gym having already eaten you main meal (Breakfast or lunch).
- Thoroughly wash and sanitize hands before eating.

- Keep your mask on until you begin eating. Replace your mask immediately after consuming food.
- Do not eat on court.
- Discard of all trash and clean up any mess once done eating.
- Notify the gym attendant immediately of any spills that will need to be addressed.

## ***TEAM CHECK-IN PROCEDURE***

- Athletes should arrive ready to play. At most they should have to change their shoes. We do not allow congregating in the restrooms for changing purposes.
- Teams will be given a specific check in time prior to their first match. The entire team (athletes, coaches, and any other individuals permitted such as a videographer) will need to be present at the designated team check in time.
- Teams will bring no more than 6 volleyballs with them to the event for warmups and one ball cart. Teams must keep these items with them at all times. All equipment should be labeled with team name and contact information.
- Each team member will be temperature checked and complete a brief online screening which will record their name and contact information for contact tracing purposes, if needed. Every individual must be able to pass the following screening to enter the facility:
  - Not running a temperature of 100.4 degrees or higher.
  - Not currently exhibiting any symptoms associated with COVID-19.
  - Not being identified as a COVID-19 “close contact” to a known COVID-19 case within the past 14 days.
- **Every coach and player should bring a large and full water bottle preferably sufficient to get them through all their matches.** This will eliminate any congestion at water filling stations.
- Teams will go to their assigned court, store their items in a location as indicated and not wander about the facility.
- Social distancing is expected in all areas of the facility and on the property of the WCC, with the exception of the on-court area when active training is occurring.
- Players will be asked to store their back packs neatly behind the team bench and not in the walkways of the facility.

## ***OFFICIALS, TOURNAMENT STAFF AND VOLUNTEER SCREENING AND CHECK IN***

All tournament staff including officials and volunteers will be subject to the same screening and health status criteria as tournament participants.

- Each individual will be temperature checked and complete a screening process each day of the event. Every individual must be able to pass the following screening to enter the facility:
  - Not running a temperature of 100.4 degrees or higher.
  - Not currently exhibiting any symptoms associated with COVID-19.
  - Not being identified as a COVID-19 “close contact” to a known COVID-19 case within the past 14 days.
- Individuals will need to wear an appropriate face-covering 100% of the time they are inside the facility.
- Social distancing is expected in all areas of the facility and at the WCC, with the exception of the on-court area when active play is occurring. However, every effort to maintain proper social distance must be taken during match play.
- Individuals supporting event operations will store their items as directed.

## ***WHAT IF A PARTICIPANT DOES NOT PASS THE SCREENING PROTOCOL?***

Any individual who cannot pass the screening protocol will not be allowed into the event. Depending on the circumstances and the details on the exposure, symptoms, or test results the participation of the entire team grouping may be impacted.

## ***WHAT IF A PARTICIPANT DEVELOPS SYMPTOMS, TESTS POSITIVE AND/OR LEARNS OF AN EXPOSURE POST EVENT?***

Contact Tracing is employed to help reduce transmission and community spread of Coronavirus. We would appreciate learning post-event of any exposures or positive cases that have the potential to affect other event participants. These items include:

- Learning post-event that an individual in attendance had a positive COVID-19 exposure in the 14 days leading up to the event. Our general recommendation would be to seek a test and report to us your exposure details should your test result be positive.
- If an individual in attendance tests positive (with or without symptoms) in the 7 days following the event.

To make such a report to Triangle Volleyball Club's staff member who is certified in [COVID-19 Contact Tracing by Johns Hopkins University](#) reach out to [sherry.fadool@trianglevolleyball.org](mailto:sherry.fadool@trianglevolleyball.org).

## ***COVID-19 MODIFICATIONS TO HISTORICAL EVENT OPERATIONS***

Triangle will be employing the following event modifications to minimize congestion and social distancing challenges:

- All participants, tournament staff, officials and anyone else in the facility will be masked, full-time, while at the event, including athletes during competitive play.
- Every effort should be made by all participants to maintain a safe social distance (6'). This includes those individuals on the sidelines during warm-ups and competitive play.
- All participants should sanitize their hands frequently and avoid any contact with their face.
- Eliminate or minimize the sharing of any equipment. Eliminate any sharing of personal items by participants.
- Avoid high fives, huddles, and any unnecessary contact with teammates or opponents.
- Spectators - will be Only allowed when NC public health guidance allows. However, and if needed, teams will be allowed a team videographer to support video recording and/or live streaming.
- When available and appropriate, we will have an Athletic Trainer in our first aid/trainer's room.
- Wave start times will have a buffer between them to allow cleaning and sanitizing of high contact surfaces and to allow the building to empty prior to the next wave entering and avoid unnecessary interactions between participants.
- COVID-friendly formats will be utilized as an alternative to the traditional four-team pool structure played on one court. In times of higher COVID-19 cases, formats may be designed to limit team-to-team interactions. In these situations playoffs and cross-pool play may be avoided.
- When deemed appropriate, there may be no off-teams or officiating teams to reduce occupancy density during play.
- Courts will be cleaned and sanitized between each wave to reduce surface transmission.

### **MATCH PROTOCOL CHANGES:**

- **EVENT FORMAT:** Events will be kept short and in most cases will guarantee three(3) matches in a shortened wave format to get as many teams playing opportunities as possible.
  - The region has recommended several modified formats for this season which reduce court densities for safety
    - 4-Team: played on two (2) courts
    - 5-Team: played on two (2) courts
    - 6-Team: two 3-team pools played on two courts.
  - Waves will be buffered to allow time for egress of the first wave prior to entry of the second wave and cleaning and sanitization.
  - **PLAYOFFS:** depending on the format adopted there may not be playoffs, especially in times of high COVID-19 cases. Scheduled match results will be used to determine event winners (Match %>Set %> Point %>Coin Flip).
- **WARM UPS** – will occur as “normal” with the following exceptions:
  - Each team will use their own balls (6 maximum) for their warm up.
  - Teams are asked to sanitize their warm up balls before their warm up for each match.

- The opposing team will not provide warm up support (beyond the end line shagging) to their opponent. Shagging must occur behind the end line of the opposite side of the court. THIS WILL LIKELY REQUIRE TEAMS TO ADOPT A MODIFIED WARM UP.
- The shagging team should sanitize their hands immediately after shagging for the opposing team.
- **COVID-19 accommodations during play:**
  - Work teams will not be used whenever the format allows. If a team is “off” (not playing or if some members of team are reffing) all non-playing athletes should go to an area designated by the facility operator and minimize movement in the facility. While ‘off’, they should remain masked and maintain social distance from all others in the facility.
  - A formal scoresheet will not be kept during the matches. The scoreboard/flipper will serve as the official score.
  - At the start or conclusion of a match there will be no high-fives or hand shaking with opposing teams.
  - Teams will not switch sides of the court between sets.
  - Teams should not have contact with each other and teams should make every effort to limit any contact between players on the same team (i.e. seek to eliminate handshakes, high fives, hand slaps during the match).
  - Substitutions: there is no need for players to touch to complete this action.
  - Officials: The R1 should use an electronic whistle. If not, a mask must be worn over a traditional whistle.
  - Match Transitions:
    - Team Captains will stand at their respective ten-foot line for the coin toss.
    - The R1 will go to the stand and beckon the starting players to the end line.
    - Only the six starting players will go to the end line at the start of each set.
    - The R1 beckons for the players to go to their starting positions not the net.
    - When the game ends, R1 releases players directly to their respective benches.
- **COURT CLEANING PROCEDURES:**
  - The game ball will be sanitized between matches minimally by the official.
  - At the end of each match the court surface and net will be sanitized per Triangle cleaning protocols. If there is a Triangle team on the court they will handle court cleaning. If not, teams will need to follow the directions of the Tournament Director to complete cleaning (takes ca. 5-7 minutes).

## ***FACILITY/EVENT HYGIENE AND SANITIZATION CONTROLS/PROTOCOLS***

Depending on the event format and team movement in and out of the event these protocols may require some modification. The primary priority is to sanitize surfaces between changes in personal to minimize the likelihood of surface transmission should coronavirus be present. Critical to reducing transmission are the hygiene standards of the individuals which includes frequent and thorough hand cleaning/sanitizing and avoiding touching one’s face or eating until hands can be cleaned.

### ***END OF MATCH CLEANING/SANITIZATION CHECKLIST***

- Sanitize game ball and scoring table if utilized.
- Athletes, coaches and officials should all thoroughly sanitize hands.
- Team will each clean up bench and dispose of all trash.

### ***END OF WAVE CLEANING/SANITIZATION CHECKLIST***

- Sanitize game ball and scoring table.
- Sanitize and mop court surfaces.
- Wipe bottom of net with sanitizing wipe.
- Athletes, coaches and officials all sanitize hands.
- Team each clean up bench and dispose of all trash. If trash bags are full, remove and replace with empty trash bag.
- If official is changing for next wave, wipe down referee stand and all surfaces contacted by official.

## ***END OF DAY CLEANING/SANITIZATION CHECKLIST***

- Sanitize volleyball net, any spectator chairs, scoring table, referee stand with atomizing sprayer.
- Sanitize all game balls to prepare for the next day. Leave ball on referee stand.
- Sanitize high contact surfaces in the facility.
- Check and replace mop heads, if needed, on **each court** with a clean one. Bag up used mop head for laundry.
- Check court-side first aid kits for supplies. Replace items as necessary.
- Check hand sanitizer dispensers and refill as needed.

## ***WATER FOUNTAIN PROTOCOLS***

- Water fountains will be turned off or blocked. The non-contact bottle filler on the first floor will be available.
- Don't allow any congregating near bottle fillers; mark area for social distancing.

# ***PARTICIPANT/SPECTATOR REQUIREMENTS AND THE ASSUMPTION OF THE RISK AND WAIVER OF LIABILITY RELATING TO CORONAVIRUS/COVID-19***

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact, including individuals without disease symptoms. As a result, federal, state, and local governments and federal and state public health agencies recommend face coverings, social distancing and have, in many locations, prohibited or limited the congregation of groups of people.

The health and well-being of staff, athletes, tournament staff and spectators remains our top priority. In order to minimize the risk of COVID-19 entering our environment and spreading among our event participants, staff, officials, and spectators, we are requiring everyone to sign this waiver.

Furthermore, all participants (athletes and coaches), tournament staff (including officials) and spectators attending “EVENT NAME” must agree to and abide by the following:

- Will not attempt to gain entry into the event if feeling ill, have knowingly been exposed to someone with COVID-19 in the past 14 days, or have run a fever (with or without medication) in the past 48 hours.
- TEAM-BASED SCREENING: Every team will have a screening appointment each day of the event prior to play. The coaching staff, athletes, and all spectators must be present at the appointment. Everyone in each “team group” must pass the screen for the team to be allowed into the venue and to participate.
- FACE-COVERING COMPLIANCE:
  - Coaches, Officials, Tournament Staff, and Spectators must wear an appropriate face-covering upon entering the building and at all times while in the building.
  - All team participants (athletes and coaching staff) must wear an appropriate face-covering upon entering the building and keep it on at all times including when actively playing in a match or participating in on-court warm-ups. This includes athletes on the ‘bench’ during the match.
- WATER: Teams and spectators should bring make every effort to bring sufficient supply of water to get through their wave.
- FACILITY ACCESS: once screened and allowed admittance, teams must proceed, as a group directly to their assigned playing area. Once play is complete they must exit the building as marked as a group. Facility access will be restricted to limited areas.
- Report to tournament staff immediately should they become ill or run a fever during the event.

Triangle Volleyball Club (hereafter referred to as the “Event Operator”) has put in place numerous preventative measures and enhanced cleaning protocols to reduce the likelihood of spreading COVID-19 during “EVENT NAME”; however, the Club cannot guarantee that you or your athlete(s) will not become infected with COVID-19. Further, attending “EVENT NAME” could increase your risk and your athlete(s)’s risk of contracting COVID-19.

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By signing this form (electronically or otherwise), I acknowledge the contagious nature of COVID-19 and voluntarily agree to the participation terms described above and assume the risk that my athlete(s) and I may be exposed to or infected by COVID-19 by attending “EVENT NAME” and that such exposure or infection may result in personal injury, illness, permanent disability, and death.

I understand that the risk of becoming exposed to or infected by COVID-19 at “EVENT NAME” may result from the actions, omissions, or negligence of myself and others, including, but not limited to, the Event Host and/or employees, volunteers, and program participants and their families. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my athlete(s) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my athlete(s) may experience or incur in connection with my athlete(s)’s attendance at “EVENT NAME” (“Claims”).

On my behalf, and on behalf of my athlete(s), I hereby release, covenant not to sue, discharge, and hold harmless the Event Host and its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto.

I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the Event Host and/or its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in “EVENT NAME”.